

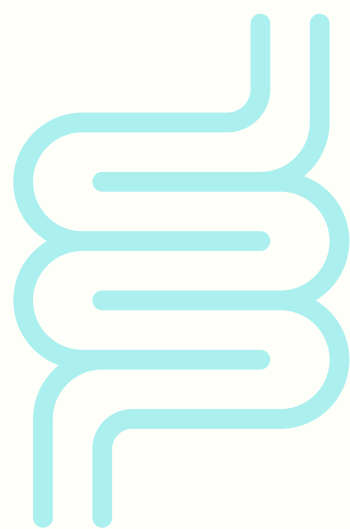
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# Colorectal Cancer: Are You At Risk?

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Colorectal cancer is the **4th** most common cancer in the Greater Bay Area\*.

Regular screening and early detection is key to preventing colorectal cancer.



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## Risk Factors:



- .....▶ Overweight or obese
- .....▶ Diet high in red meat
- .....▶ Smoking
- .....▶ History of colorectal polyps
- .....▶ 45 to 75 years old

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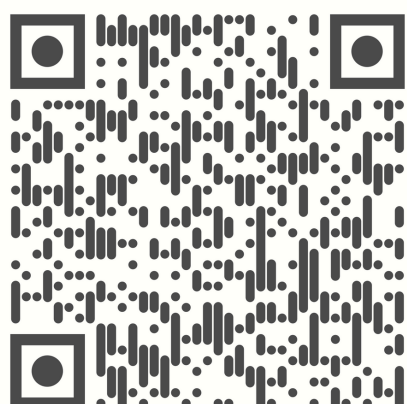
## Early Detection is Key

If you think you are at increased risk for colorectal cancer, speak with your doctor about\*\*:

- .....▶ When to begin screening
- .....▶ Which test is right for you
- .....▶ How often to get tested



1/4th of US adults have not been screened as recommended\*\*\*



For more information,  
scan the QR code or visit:

[www.cdc.gov/cancer/colorectal](http://www.cdc.gov/cancer/colorectal)

There are several screening test options; some you can even do from home. Talk to your doctor to decide which is best for you.

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## References

\*Gomez, S.L., et al., *Incidence and Mortality Annual Review, 1988-2018*. The Greater Bay Area Cancer Registry, University of California, San Francisco, 2021. P.25.

\*\*Centers for Disease Control and Prevention, Division of Cancer Prevention and Control, *Colorectal (Colon) Cancer: What Should I Know About Screening?*, Available from: [www.cdc.gov/cancer/colorectal/basic\\_info/screening/index.htm](http://www.cdc.gov/cancer/colorectal/basic_info/screening/index.htm) . 2021.

\*\*\*Centers for Disease Control and Prevention, Division of Cancer Prevention and Control, *Colorectal (Colon) Cancer: Use of Colorectal Cancer Screening Tests*, Available from: [www.cdc.gov/cancer/colorectal/statistics/use-screening-tests-BRFSS.htm](http://www.cdc.gov/cancer/colorectal/statistics/use-screening-tests-BRFSS.htm) . 2021.

